

DROP-IN GROUP

Trained bereavement volunteer facilitators welcome you into a compassionate and open space where you can connect with other individuals on their grief journey.

RUDDY-SHENKMAN HOSPICE

1st & 3rd Thursday, in the afternoon

MAY COURT HOSPICE

3rd Monday, in the morning

LA MAISON DE L'EST

In development

Mandatory registration is required. For further information and/or to register, contact Helen Harrington, Bereavement Services Coordinator on (613) 591-6002 ext. 243 or helen.harrington@hospicecareottawa.ca.

