Hospice Care Ottawa needs your help!
$1.35 million in donations needed before construction on Hein House can begin

Providing a live-in space for hospice patients in the west end is the dream behind Hein House, the residential wing of the Ruddy-Shenkman Hospice in Kanata.

With the help of a capital campaign conducted by the Bruyère Foundation on our behalf and generous donations from supporters like you, Hospice Care Ottawa purchased the Trinity Presbyterian Church at 110 McCurdy Drive in 2013. With some of the proceeds of the capital campaign, we completely renovated the church to create the Ruddy-Shenkman Hospice and in 2014 began offering community hospice programs, such as day hospice, grief and bereavement groups, caregiver support and volunteer training.

We’ve had such positive feedback from the community on our programs and now we’re ready to move on to the next phase of our project—providing round-the-clock nursing care to hospice residents. Hein House’s convenient location in Kanata will make it much easier for families and friends living in the west end to spend time with a loved one staying at the residence.

12 beautiful suites with views to the garden

The 12,592-square-foot addition will allow 10 residents to receive 24-hour hospice care and two residents to receive short-term respite care. In each of the suites, residents and their families will have the privacy of their own bathroom and access to the gardens. Families have space to stay overnight with their loved ones and many beautiful quiet places to rest and refresh.

Need $1.35 million in donations before we can break ground

We are so close to starting our build of Hein House and bringing residential hospice care to Ottawa’s west end. Our plans have been submitted to the City of Ottawa and the construction firm is ready and raring to go. Many pledges made in our capital campaign will come in over the next few years so we are arranging a mortgage to cover the costs of construction. However, we need an additional $1.35 million cash on hand to secure the mortgage. We can’t start digging until we have these funds in place.

Please help make the dream of Hein House a reality by donating now

You can donate by visiting our website at www.hospicecareottawa.ca or by sending your donation directly to us using the donation card on page 4.

Thank you for your support.

Lisa Sullivan
Executive Director, Hospice Care Ottawa
Sharing her blessings
Linda Schumacher – A donor profile

When Linda Schumacher makes a commitment, she sees it through. The Hospice Ottawa West campaign has a special place in her heart and she has made it a priority. Through her generosity, Linda, a retired nurse and past Hospice Care Ottawa board member, continues to be a champion for Hospice Care Ottawa raising awareness and funds. She uses her aptitude for fundraising and combines it with her deep understanding of the need for increased hospice care to help bring more focus to the cause and to raise more money to ensure people have access to hospice care where and when they need it.

Where did you learn the importance of giving back to your community?
My parents had little money, but were very generous and shared what they could. I’ve met many people throughout my career and I learned a lot about philanthropy from Shirley Greenberg. We met through the Women’s Health Centre and she taught me the value of commitment and seeing things through.

Have you had any experiences with hospice care in the past?
My father, an amazing man, battled four different cancers from 1973. When he was 83, renal cancer, significant system failure and mental changes made it difficult for our family to care for him at home so we brought him to the ER and he went into ICU. He was beyond what the medical team could do for him and ultimately died in hospital. He should have been in a hospice for the last two weeks of his life.

How did you first become involved with Hospice Care Ottawa?
A former nursing friend and neighbour, Beth Ada, was a previous Board Chair. She knew of my involvement with fundraising for the Women’s Health Centre and history in palliative care, so she approached me to help with the Hospice Ottawa West campaign.

Why is the Hospice Ottawa West campaign so important to you?
I’ve made it a primary goal to get the residential wing of the Ruddy-Shenkman Hospice built. There is a tremendous need for end-of-life care in the west end and I want to see this project through. My husband, Richard, was very supportive of my extensive involvement with Hospice Care Ottawa. I was grief stricken when he passed away suddenly in 2014 and have dedicated my continued support of Hospice in his memory.

Why do you think hospice is so important?
Hospice is something that everybody can relate to. We will all be touched by end-of-life at some point, be it our family, friends or ourselves. I want to ensure that families and patients who need care get it where and when they need it.

Where do you want to see Hospice Care Ottawa in 10 years?
Ideally I’d like to see a full-service hospice in each corner of Ottawa, French programming and adequate government funding.

How do you want to be remembered?
I have been fortunate in many ways, through my career, education, family and friends. I want to share some of my blessings and be remembered as a mentor and a role model to others.
It's time to renew your annual membership!

Memberships are valid from April 1, 2016 to March 31, 2017. Remember: Your membership must be current to be able to vote at our AGM on Monday, September 26 at our May Court Hospice.

Our programs and services are provided without charge. We rely on the generosity of community support and donations to make this happen. We have a variety of ways that you can support our organization. Use the donation slip on the reverse of this page or consider the following gifts:

- Partners in Comfort Monthly Giving Program
- Legacy Gift / Bequest
- Gift of Securities

For more information contact Sue McIntosh at 613-260-2906 ext. 224

Hospice: A Caregiver's Lifeline

Stephanie and Will, a young vibrant couple in their thirties, work full time in Ottawa. Together they live in their home with their sweet golden doodle Molly. When Stephanie’s aunt, Rosemary was diagnosed with lung cancer and was too sick to live on her own, Stephanie and Will didn’t hesitate to invite Rosemary into their home to care for her.

After four months of being Rosemary’s primary caregiver, Stephanie finally realized that she needed help. “I’ve never been so tired in my life,” she recounts, “I was lost, in over my head, and I didn’t know what to do.” Stephanie reached out to Hospice Care Ottawa and was provided with community resources.

Rosemary attended the May Court Day Hospice program. She loved the food, loved her volunteer driver and couldn’t say enough about the lemon dessert.

As her health declined, Rosemary was admitted to the Central West Hospice. Stephanie felt a weight of relief off her shoulders. She understood that her aunt was in good hands and felt that the care she received at Hospice was better than she could have ever provided. “Everyone was so kind, patient, gentle and calm,” she recounts, “the staff and volunteers put Rosemary first but were also there for the family.” Stephanie and her family decorated Rosemary’s room with balloons, flowers and pictures. Rosemary received daily visits, many phone calls and enjoyed Stephanie’s visit with Molly. After nine days at the hospice Rosemary passed away peacefully.

“No hospice care Ottawa was wonderful and my experience could not have been better.”

Stephanie hopes that she doesn’t have to access services from Hospice Care Ottawa again any time again soon, however is grateful that the services were available to her and her family. “I don’t know what I would have done,” she said, “It was just such a fantastic place, more than I ever thought it’d be.”

Making a Difference, One Party at a Time

By Alanna Code

2015 started off on a high note as we celebrated Mom’s 80th birthday. Sadly, this was followed by numerous trips to the ER and she was ultimately diagnosed with stomach cancer.

After three miserable weeks in hospital we were relieved when Mom was admitted to the Central West Hospice. We cannot say enough about the care and support she received during her time there. The staff and volunteers were wonderful. We were able to visit her in the quiet, peaceful room, do crosswords, watch TV, and just be together. Despite our stress and sadness, the hospice made our experience as pleasant and positive as possible.

To raise our spirits for 2016 and to show our gratitude to friends and family who supported and cared for us throughout our difficult year, we threw a party. We suggested that attendees make a small donation to Hospice Care Ottawa.

We raised over $1700 for the building of ‘Hein House’ the residential hospice at the Ruddy-Shenkman Hospice.

In lieu of gifts at your next party, why don’t you suggest your guests make donations to Hospice Care Ottawa? Together we can make a difference, one party at a time.

CONNECT WITH US

Stay connected to Hospice Care Ottawa through your favourite social media

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Upcoming Special Events

Mark your calendars!

Delivery of our services is made possible through the support of a small dedicated staff, over 1,000 volunteers and generous donors like you. Please consider supporting our special events.

Hike for Hospice

Sunday, May 1, 2016
Carleton University
1125 Colonel By Dr
8:30 AM: Registration
10:00 AM Hike

Join us at our exciting new location for our annual fundraiser, Hike for Hospice. The 5 km hike will meander along the beautiful campus trails, returning to the Field House for refreshments. All age groups are welcome and we encourage teams to participate as well as individuals.

To register for the Hike or to make a donation visit our website at www.hospicecareottawa.ca or pick up a pledge form.

Thank you to our generous Hike sponsors:

Girls Night Out

Friday, May 27, 2016
Algonquin College
1385 Woodroffe Ave

Fabulous dinner, drinks, music, firefighters, dancing, auction and more! Gather your friends and join us for an exciting evening as we LAUNCH INTO SUMMER!

Tickets $85
For tickets or more information visit www.hospicecareottawa.ca or call 613-591-6002 ext. 27

Why I hike...

“I hike to help raise money to continue the great work of volunteers and staff who make up the Hospice Care Ottawa family. Hospice care is not often top of mind for those who have never experienced a loved one’s end of life journey. My privilege is to encourage colleagues, friends and contacts in my network to support one of Ottawa’s best kept secrets.”

- John Laframboise
(far left)
Vice Chair, Hospice Care Ottawa Board of Directors

“My late father-in-law, Bob Arnett, passed away May 1, 2000 at the Brockville Hospice. I wanted to give back to honour the excellent care he received. The May Court Hospice is in my community so I began supporting Hospice Care Ottawa first as a donor and now as a volunteer in the residence. I hike in remembrance of Bob and to help our community become more aware of Hospice and what we do!”

-Tracy Arnett, Volunteer & long-time supporter

DONOR INFORMATION for charitable tax receipt:

Name: _________________________________
Address: ________________________________
City: __________________ Prov.: __________
Postal Code: ___________ Tel.: ____________
Email: _________________________________

Please check this box if you wish to receive correspondence by email

Thank you for your support!

Please mail to Hospice Care Ottawa, 114 Cameron Avenue, Ottawa, ON K1S 0X1
You can also donate online at www.hospicecareottawa.ca
or by calling Lesley at 613-260-2906 ext. 222
Charitable Registration # 11896 3701 RR0001

You can help us go green! We are launching an initiative to limit the number of items that we mail out. This will help reduce printing and mailing costs and will allow us to allocate more of our resources to our clients and programs. Fill out the donor information on this form and send it back to us. All completed forms received by May 24, 2016 will be entered into a draw for an Asus 32GB Tablet!