

04

APRIL

/ 24

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|-----------------------------------|--|--|--|--------|---|
| 31 | 1 | 2 RUDDY SHENKMAN PARTNER/SPOUSAL LOSS GROUP, EVENING SESSION | 3 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 4 RUDDY SHENKMAN DROP-IN GROUPS *cancelled* | 5 | 6 |
| 7 | 8 | 9 RUDDY SHENKMAN PARTNER/SPOUSAL LOSS GROUP, EVENING SESSION | 10 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 11 | 12 | 13 |
| 14 | 15 MAY COURT DROP-IN GROUPS | 16 RUDDY SHENKMAN PARTNER/SPOUSAL LOSS GROUP, EVENING SESSION | 17 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 18 RUDDY SHENKMAN DROP-IN GROUPS | 19 | 20 |
| 21 | 22 | 23 RUDDY SHENKMAN PARTNER/SPOUSAL LOSS GROUP, EVENING SESSION | 24 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 25 | 26 | 27 CARE & SHARE WALK BILLINGS BRIDGE PARK |
| 28 | 29 | 30 RUDDY SHENKMAN PARTNER/SPOUSAL LOSS GROUP, EVENING SESSION | 1 | 2 | 3 | 4 |



Forever in our heart.

05

MAY

/ 24

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|---------|--|--|--------|---|
| 28 | 29 | 30 | 27 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 2 RUDDY SHENKMAN DROP-IN GROUPS | 3 | 4 |
| 5 | 6 | 7 | 8 MAY COURT PARTNER/SPOUSAL LOSS GROUP | 9 | 10 | 11 CARE & SHARE WALK ANDREW HAYDON PARK |
| 12 | 13 | 14 | 15 | 16 RUDDY SHENKMAN DROP-IN GROUPS | 17 | 18 |
| 19 | 20 MAY COURT DROP-IN GROUPS | 21 | 22 | 23 | 24 | 25 CARE & SHARE WALK BILLINGS BRIDGE PARK |
| 26 | 27 Bereavement Retreat Limited spaces - Call to register | 28 | 29 | 30 | 31 | 1 |



Memories bloom forever.

06

JUNE

/ 24

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

| | | | | | | |
|----|-----------------------------------|----|----|--|----|---|
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | 4 | 5 | 6 RUDDY SHENKMAN DROP-IN GROUPS | 7 | 8 CARE & SHARE WALK ANDREW HAYDON PARK |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 MAY COURT DROP-IN GROUPS | 18 | 19 | 20 RUDDY SHENKMAN DROP-IN GROUPS | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 CARE & SHARE WALK BILLINGS BRIDGE PARK |
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |



Little by little, we let go of loss – but never of love.

07

JULY

/ 24

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

| | | | | | | |
|----|-----------------------------------|----|----|--|----|---|
| 30 | 1 | 2 | 3 | 4 RUDDY SHENKMAN DROP-IN GROUPS | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 CARE & SHARE WALK ANDREW HAYDON PARK |
| 14 | 15 MAY COURT DROP-IN GROUPS | 16 | 17 | 18 RUDDY SHENKMAN DROP-IN GROUPS | 19 | 20 |
| 21 | 23 | 23 | 24 | 25 | 26 | 27 CARE & SHARE WALK BILLINGS BRIDGE PARK |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |



Always in our hearts.

08

AUGUST

/ 24

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|-----------------------------------|---------|-----------|--|--------|---|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 RUDDY SHENKMAN DROP-IN GROUPS | 9 | 10 CARE & SHARE WALK ANDREW HAYDON PARK |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 MAY COURT DROP-IN GROUPS | 20 | 21 | 22 RUDDY SHENKMAN DROP-IN GROUPS | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 CARE & SHARE WALK BILLINGS BRIDGE |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |



Memories bloom forever.

09

SEPTEMBER

/ 24

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|-------------------------------------|-----------|--|--------|---|
| 1 | 2 | 3 | 4 | 5 RUDDY SHENKMAN DROP-IN GROUPS | 6 | 7 |
| 8 | 9 | 10 PARTNER/SPOUSAL LOSS GROUP | 11 | 12 | 13 | 14 CARE & SHARE WALK ANDREW HAYDON PARK |
| 15 | 16 MAY COURT DROP-IN GROUPS | 17 PARTNER/SPOUSAL LOSS GROUP | 18 | 19 RUDDY SHENKMAN DROP-IN GROUPS | 20 | 21 |
| | RUDDY SHENKMAN LOSS OF PARENT GROUP | | | | | |
| 22 | 23 RUDDY SHENKMAN LOSS OF PARENT GROUP | 24 PARTNER/SPOUSAL LOSS GROUP | 25 | 26 | 27 | 28 CARE & SHARE WALK BILLINGS BRIDGE |
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |



It takes time. It takes patience. It takes love.

10

OCTOBER

/ 24

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|----------------------------------|-----------|-------------------------------------|--------|--|
| 29 | 30 | 1 PARTNER/SPOUSAL LOSS GROUP | 2 | 3 RUDDY SHENKMAN DROP-IN GROUPS | 4 | 5 |
| 6 | 7 RUDDY SHENKMAN LOSS OF PARENT GROUP | 8 PARTNER/SPOUSAL LOSS GROUP | 9 | 10 | 11 | 12 CARE & SHARE WALK ANDREW HAYDON PARK |
| 13 | 14 | 15 PARTNER/SPOUSAL LOSS GROUP | 16 | 17 RUDDY SHENKMAN DROP-IN GROUPS | 18 | 19 |
| 20 | 21 MAY COURT DROP-IN GROUPS | 22 PARTNER/SPOUSAL LOSS GROUP | 23 | 24 | 25 | 26 CARE & SHARE WALK BILLINGS BRIDGE |
| | RUDDY SHENKMAN LOSS OF PARENT GROUP | | | | | |
| 27 | 28 RUDDY SHENKMAN LOSS OF PARENT GROUP | 29 PARTNER/SPOUSAL LOSS GROUP | 30 | 31 | 1 | 2 |



Memories bloom forever.

11

NOVEMBER

/ 24

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

| | | | | | | |
|----|--|------------------------------------|----|--|----|---|
| 27 | 28 | 29 | 30 | 31 | 1 | 2 |
| 3 | 4 RUDDY SHENKMAN LOSS OF PARENT GROUP | 5 PARTNER/SPOUSAL LOSS GROUP | 6 | 7 RUDDY SHENKMAN DROP-IN GROUPS | 8 | 9 CARE & SHARE WALK ANDREW HAYDON PARK |
| 10 | 11 RUDDY SHENKMAN LOSS OF PARENT GROUP | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 MAY COURT DROP-IN GROUPS | 19 | 20 | 21 RUDDY SHENKMAN DROP-IN GROUPS | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 CARE & SHARE WALK BILLINGS BRIDGE PARK |



The only cure for grief is to grieve.

12

DECEMBER

/ 24

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

| | | | | | | |
|----|-----------------------------------|----|----|--|----|---|
| 1 | 2 | 3 | 4 | 5 RUDDY SHENKMAN DROP-IN GROUPS | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 CARE & SHARE WALK ANDREW HAYDON PARK |
| 15 | 16 MAY COURT DROP-IN GROUPS | 17 | 18 | 19 RUDDY SHENKMAN DROP-IN GROUPS | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 CARE & SHARE WALK BILLINGS BRIDGE PARK |
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |



Be gentle with yourself.