

Hospice Care Ottawa Residence

What is the Hospice Care Ottawa Residence?

The residence provides round the clock care for people at the end-of-life, in a home-like and peaceful setting.

Where is care provided?

Hospice Care Ottawa has two residences:

- **May Court Hospice**
 114 Cameron Avenue, Old Ottawa South
 Located along the banks of the Rideau River, this full service hospice houses nine beds and community programs.
- **Ruddy-Shenkman Hospice**
 110 McCurdy Drive, Kanata
 This full service hospice houses ten beds and community programs.

What are some features?

- Each room has a hospital bed, washroom, television, phone and extra seating.
- Bedding is available for one or two overnight guests.
- Various common areas that residents and guests can use, including beautiful outdoor spaces and gardens.
- Food for the resident is provided, however families are encouraged to bring in favourite foods which can be heated in the Family Kitchen
- Family, friends and pets are welcome (pets during the day only)
- Free parking on site

Who provides care?

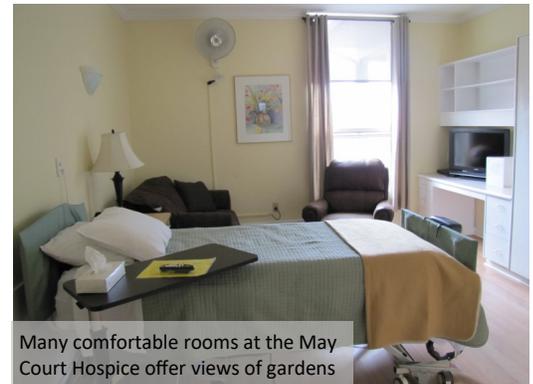
A multidisciplinary team of nurses, personal support workers, physicians and family support workers help with the management of physical symptoms and emotional care. Trained volunteers play an important role alongside staff to help with comfort measures and care.

How do I get a room in the residence?

Admission to Hospice Care Ottawa residences is done through a referral by a healthcare provider.



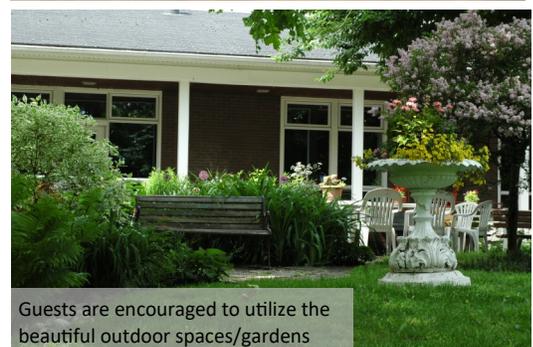
Spacious residence room at the Ruddy-Shenkman Hospice



Many comfortable rooms at the May Court Hospice offer views of gardens



The fully equipped family kitchen at the Ruddy-Shenkman Hospice



Guests are encouraged to utilize the beautiful outdoor spaces/gardens

How do I get there?

Usually by private ambulance. Your Champlain LHIN Care Coordinator can assist with booking this.

What is the wait time to get in?

Wait times depend on the availability of beds. Average wait time is between one to three days.

What do I bring?

- Personal toiletries (non-scented soap, lotion, toothbrush, toothpaste, Polident, razors, hair comb and/or brush, shampoo, conditioner, wipes)
- Personal photos and mementoes
- Hospice Care Ottawa has comfortable shirts and nighties, however if you prefer your own you are welcome to bring them (please note that pajamas brought from home must be taken home to be laundered)
- ALL medications (prescription and over-the-counter)
- Any boxes of supplies provided by LHIN
- Personal mobility aides (cane, walker)
- Champlain LHIN Chart-in-the-Home—black binder
- No furniture please

Parking

Each hospice site has a parking lot that is free for all visitors. If these are full, three hour on-street parking is available throughout the neighbourhoods.

How much does it cost?

All of Hospice Care Ottawa's programs and services are provided at **no charge**.

Funding and Supporting the Hospice

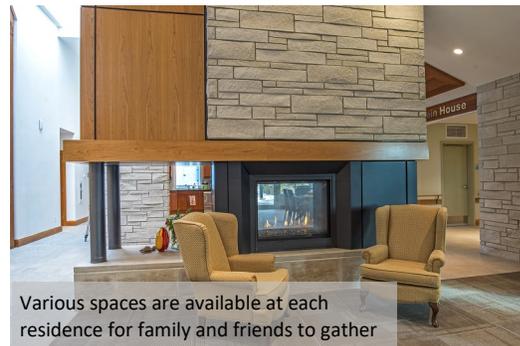
We rely on the generosity of others to raise \$2.5 million annually in order to offer our programs and services at no charge to residents and their families.

Families will often choose to acknowledge the care provided by the staff and volunteers, by making a donation and/or requesting that friends and family consider a donation to Hospice Care Ottawa. We are always grateful as we see this as a way of "paying it forward" so other families can experience the same compassionate care when they need it. For more information or to make a donation visit www.hospicecareottawa.ca or call 613-260-2906 ext. 222

Contact Us

For more information about Hospice Care Ottawa

- Call: 613-680-0306
- Visit: www.hospicecareottawa.ca
- Email: info@hospicecareottawa.ca



Various spaces are available at each residence for family and friends to gather



The Family Support Office. Social workers are on site to provide support



The cozy Family Kitchen at the May Court Hospice adds to the home-like environment



The sun room at the May Court Hospice offers picturesque views of the Rideau River



Pull out beds or cots are available for families/friends wishing to stay overnight